



# Seed

Original title: Zaad

After his mother dies, Dries is confronted with his father's bipolar disorder. Eventually his father dies, in solitary confinement. While clearing out the family home, Dries finds letters, paintings and diaries belonging to his grandfather, the founder of an international plant breeding company. Was he also bipolar? Wondering about this genetic inheritance, Dries delves into three generations of family history, but only finds more questions. Finally, he realises that love is a powerful medicine for dealing with mental health issues.

## CREDITS

**DIRECTOR:** Dries Meddens  
**PRODUCER:** Mark Daems  
**WRITER:** Dries Meddens  
**PHOTOGRAPHY:** Benito Strangio

## CREATION DETAILS

**TYPE:** Film  
**PRODUCTION SHARE:** Majority Flemish  
Production  
**GENRE:** Documentary, Biography  
**YEAR OF PRODUCTION:** 2022  
**PRODUCTION STATUS:** Completed  
**ORIGINAL TITLE:** Zaad  
**ORIGINAL LANGUAGE:** Dutch

## TECHNICAL SPECS

**RUNNING TIME:** 76'  
**AVAILABLE IN:** 2D  
**ASPECT RATIO:** 16:9  
**SOUND FORMAT:** 5.1 (+ sub) Dolby  
**RELEASE FORMAT:** DCP (4K)  
**COLOUR:** Colour

## CONTACT & SALES

### CONTACT

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## MORE INFO

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