



# Seed

Original title: Zaad

Based on the autobiographical story of filmmaker Dries Meddens, *Seed* evokes society's view of manic-depression. When his father dies, Dries begins to delve into his past. But the more he discovers, the less he can avoid the growing fear that his father's psychiatric illness is hereditary, from grandfather to father to son. Is the germ in him? In his children? Through family archives, exchanges with a psychiatrist and his life as a stay-at-home dad, Dries searches for a way out of this possible genetic fatality.

## CREDITS

**DIRECTOR:** Dries Meddens  
**PRODUCER:** Mark Daems  
**WRITER:** Dries Meddens  
**PHOTOGRAPHY:** Benito Strangio

## CREATION DETAILS

**TYPE:** Film  
**PRODUCTION SHARE:** Majority Flemish  
Production  
**GENRE:** Documentary, Biography  
**YEAR OF PRODUCTION:** 2024  
**PRODUCTION STATUS:** Completed  
**ORIGINAL TITLE:** Zaad  
**ORIGINAL LANGUAGE:** Dutch

## TECHNICAL SPECS

**RUNNING TIME:** 76'  
**AVAILABLE IN:** 2D  
**ASPECT RATIO:** 16:9  
**SOUND FORMAT:** 5.1 (+ sub) Dolby  
**RELEASE FORMAT:** DCP (4K)  
**COLOUR:** Colour

## CONTACT & SALES

### CONTACT

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## MORE INFO

<https://adirector.eu/film-zaad>  
[flandersimage.com](http://flandersimage.com)

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