

The Sessions

Original title: De Sessies

The Sessions is an intimate documentary following a young student in the aftermath of sexual violence by her ex-partner. In trauma therapy, she begins to reclaim her life—step by step. Outside those rooms, she speaks to almost no one. When she files a legal complaint, she faces a justice system that survivors often find hard to navigate. With intimacy and restraint, *The Sessions* pulls you into one woman's fight to reclaim her voice and future.

CREDITS

DIRECTOR: Sien Versteyhe

CREATION DETAILS

TYPE: Film

PRODUCTION SHARE: Majority Flemish
Production

GENRE: Documentary

YEAR OF PRODUCTION: 2025

PRODUCTION STATUS: Completed

ORIGINAL TITLE: De Sessies

ORIGINAL LANGUAGE: Dutch

TECHNICAL SPECS

RUNNING TIME:

RELEASE FORMAT: DCP

COLOUR: Colour

MORE INFO

<https://www.lionheart.be/documentaries/the-sessions>
flandersimage.com

CONTACT & SALES

CONTACT

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